



VIRGINIA DISTRICT GOVERNOR'S BULLETIN

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Fundraising

Velma Barr-Malcolm
Pilot Club of Bristol

Leadership

Suzanne Moore
Nansemond River Pilot Club

Friendship and Service



Celebrate Pilot...

On the wings of friendship and service

"Destiny is not a matter of change, it is a matter of choice; it is not a thing to be waited for, it is a thing to be achieved."

- William Jennings Bryan

Simply translated - destiny is not achieved by sitting around, but rather working hard toward what you believe in. If you work hard on a consistent basis, good things will happen. VA Pilots, we have a busy time ahead. Many of you are making plans to attend Fall Council, September 26th. This should make for a great learning experience. This year's Fall Council will be packed with opportunities to find your true leadership style, what it takes to be a leader in your clubs and the district, and to look at successes and challenges your clubs have. Of course, we will have time for fun and socializing! Clubs don't forget to bring your item or items for the silent auction along with your bid sheets. If you have questions or concerns, please feel free to email me.

What's your destiny? Have you mapped it out? What's the destiny of your club? That destiny is dependent on all members. All members must be active and supportive of projects and fundraisers. We can't just sit back and wait for someone to ask us about Pilot. Listen to people when they talk. You never know when someone will tell a story of a family member who is suffering from Alzheimer's or Autism. It is more profound today, and many people are looking for ways to give back to their community. Let's find them, help them to determine part of their destiny by becoming a VA Pilot.

~ Faith



Pat Jarvis
2009/20010
PI/PIF President

The little four-letter word "hope" is often used when we are writing and/or talking with each other. In using the word, have we stopped to think about the meaning? To know for sure, the meaning was checked in the dictionary. The first meaning is "to desire with expectation of fulfillment." As we use the word "hope", we desire with the expectation that whatever we are referring to will be fulfilled.

For this year, what are your hopes, what are your dreams, what do you wish to see fulfilled? How will they be fulfilled? Our beautiful Code says, "Visions and dreams are the seedlings of reality." Without visions, without dreams, is there hope? Our challenge is to turn our visions into dreams and reach for them. As was so aptly quoted during the installation ceremony "Define your future by your dreams and not by your memories, by your HOPES and not by your fears." As we are beginning the third month of our year, we are challenged to hope and dream and turn our hopes and dreams into realities as we work to further the positive influence of Pilot. To share an old adage, SUCCESS comes in "CANS"—not "CANNOTS".

From our DAC....



Carol Fine Hart
Governor-elect



2nd Annual Brain Power Walk

I hope all the Pilots in the Virginia District have dusted off their walking shoes and getting ready to participate in the Second Annual Brain Power Walk on Saturday, October 3rd.

The Pilot Club of Harrisonburg will again be walking during the Dayton Autumn Celebration, wearing their club shirts, and distributing brain information while they walk. The Pilot Club of Chesapeake and the Luncheon Pilot Club of Chesapeake will be holding their walk a week later as part of a safety event at their local Home Depot. All three clubs were recognized for their participation in the First Annual Brain Power Walk at the Pilot International Convention in San Diego.

The Pilot Club of Bristol will again combine their Brain Power Walk with the Alzheimer's Memory Walk. They will wear Pilot T-shirts, carry their banner, distribute Pilot fliers and invite all walk participants to attend their October 27 meeting. They expect 100-125 people to participate including some of their Anchors.

Last year the Brain Power Walk was new and each club that participated "did their own thing". This year we have a colorful new logo for the Brain Power Walk, and a slogan "All Pilots Throughout the World, One Day...Protecting Your Brain for Life."

It isn't too late for your club to participate this year. It just requires a little planning. Ask permission from your city or town to walk down Main Street early in the morning. If that isn't possible, look for a local event happening on October 3 and ask if it is possible for your club to walk during that event. Or ask a local grocery store or mall if you may walk in their parking lot and set up a table to distribute information after your walk is finished.

But if all else fails and your club just isn't able to hold a walk this year, put on a Pilot shirt and join one of the clubs who have already decided to participate in the 2nd Annual Pilot Brain Power Walk.

Linda Forbes

District Chaplain

Hello Pilots! Prayers are extended to all clubs that have experienced the loss of a treasured Pilot and to those who are ill. Please forward me the information that will keep me up-to-date on the happenings in your club. Remember, it is by his mercy that we are lifted up.

Blessings to all,

Linda



Terri Anderson

District PIF Representative

Happy September, VA Pilots! If you are your club's PIF coordinator, I hope you are in the process of writing your grant application. This is your one chance a year to request "matching" money from PIF. And remember, your club donated to this fund, so it's your money to ask for...and best of all you can get it back doubled. Deadline is October 1st. BrainMinders Safety Calendar Contest! The new PIF fundraiser is an exciting idea for the Foundation and for your club. Children age 4-18 have a chance to have their safety picture published in the Pilot International Safety Calendar 2010-2011. Each club can promote the event in your community...make it a contest, which will be GREAT hometown publicity, and submit the best to PI. The details were mailed to your club president in August. Federal Employees...you may now select PIF as your official charity of choice for this year's Combined Federal Campaign. The ID # is: 68411. Also consider designating PIF to benefit from your United Way contributions.

Treasure Chest Update: A huge "thank you" for making this fundraiser a wonderful success. \$55,200 was raised!



**Fan Panton from The Pilot Club of Suffolk
won a treasure chest at Convention!**



Jeanne Banks

Chair, Membership Development

We begin early on in life to want and need to belong. Whether it is to a club in school, or just a group of friends on the play ground, we learn early in life the need to belong is quite strong.

I was not the smartest kid in school, and not the pretty one either, nor the best dressed. So I had to find other ways to belong.

Now, as an adult, I find that belonging is still important. Being a part of an organized church has been important to me since I was a little girl. And even in church there are groups to join: the choir, being a teacher, the women's bible study, being an officer, are all opportunities to be a part of a meaningful experience.

Being a part of Pilot Club is one of the best experiences I have known. Being a Pilot allowed me to meet and to make new friends and to take part in a program of service to the community where I live.

I had been in town just a few months when I was asked to join a club that was being formed. I must admit I did not ask a lot of questions, because after hearing what it was about I knew it sounded like my thing. I had never been a charter member of any organization, so this was a first.

The Pilot friends are now all over the state, and meeting in different places has been a delight. I was born in Virginia, and being back after many moves has been a great joy.

We join clubs for many reasons. Some aren't even sure why they join and we leave clubs for many reasons also.

We in Pilot want to keep touch with our members and try and make the experience as good as possible. It takes energy to belong. It takes time to belong. It takes money to belong and we as Pilots want the use of energy, time, and money to all go for a good cause.

Make Membership Meaningful!

COORDINATOR

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Evelyn Combs

Projects Coordinator

Aaah...September the month that things more or less go back to normal. School restarts and vacations are over. The Pilot year is planned and anticipated. As we go out doing our projects, don't forget to advertise who we are and try to make new friends (new Pilots). Wear your club shirts or PI shirt, then have info about the organization. Talk, talk, talk PILOT. I have a challenge and test for each club. Since no one has e-mailed with ideas, every club who speaks with me during Fall Council will receive a treat. ***Are you reading this...??*** See y'all in Danville.

Velma Barr-Malcolm

Fundraising Coordinator

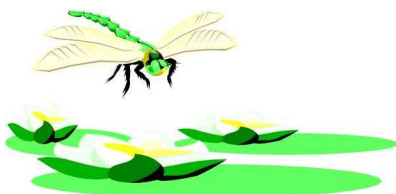
Fundraising idea for September: Bingo Night! Check with your local church hall or somewhere large. Invite the community and charge \$10.00 to play. Set a time when you know it will draw a crowd. Announce with flyers, etc. and try to get your door prizes donated - gift certificates, prizes donated by grocery stores, food chains, jewelry stores, florist, etc. Be sure to talk up Pilot when you visit places to get possible donations.

Karen Gawne

Anchor/Youth Coordinator

As summer draws to a close, it's time to focus on school! To help organize the year for Anchors, documents and links were emailed to all clubs by Laura Adams, Anchor liaison/International Headquarters. I encourage all Pilot liaisons to contact your Anchor sponsors, welcoming them back after a fabulous summer and set a time to meet and greet the Anchors. Sit in on their plans of work sessions. Strive to involve Anchors in a project or fundraiser that your Pilot club has on the agenda. This reinforces our commitment to them. As always, please let me know how I can be of help to you and/or your Anchor Sponsors.

Karen Gawne
kgawne@monarchbank.com
757-842-6042





From our ECR

Fall Council is coming in September! I will be there to enjoy the fun, fellowship and sharing of information! As the club year continues, I look forward to meeting each of you at the Comfort Inn & Suites in Danville, Virginia on September 26th!

There are so many exciting happenings that I want to share with you! I know that I can count on you to assist me in providing these successful activities to each other and to visitors and new Pilots that you have invited to your club.....

Helen Winstead Director, Pilot International

- Congratulations to the Virginia Pilots for supporting our first extremely successful Treasure Chest drawing at the Pilot International Convention in San Diego. A total of \$55,200 was raised from chances to win one of the 29 treasure chests! The money will go to replace our own reserves. I won one \$1000 Treasure Chest and I was so excited. I am still using some of my gift cards. Maybe we will do it again!!!
- Pilot International's Safety Calendar Contest has a deadline of September 30, 2009. The rules, tips, and Fill-in Poster for each club to use are on www.pilotinternational.org – in the BrainMinders section. The format for the entry blanks should be on the website and will be included in an upcoming club mailing. Winners will be announced on Constant Contact and listed in the Winter issue of the Pilot Log.
- Remember—October 3rd is the second annual Pilot International Brain Power Walk. There is lots of information on PI's website: <http://pilotinternational.org> where you will find the new Pilot Walk logo (look at the colorful shoes). Let's get out and raise awareness about Brain Power and attract new members with your Pilot shirts and the banner that you will use at the front of the line. Toot your horn...show off your club!
- Constant Contact – Inside Track – The Inside Track is being created to give your club public relations representative (Club President Appointee in place effective Fall of 2009) an inside track to promoting your club and the opportunities available from Pilot International. Every club should have a representative signed up. If a member is already signed up on Constant Contact, all the member has to do is go to their latest Constant Contact email and at the very bottom is a link to update profile/email click on that and go to lists and add inside track. Hopefully, many of you are signed up for Constant Contact to get information from Headquarters plus adding this new free service.
- Membership Incentive - announced on Constant Contact. There will be a drawing for a free weekend trip to Bahamas at the 2010 Convention in Louisville, KY. To be eligible to win, you must sponsor 5 new members. For every five your name is entered into the drawing. Sponsor 15 and your name will in the drawing 3 times and you'll probably get a medal! This incentive is being privately sponsored to benefit Pilot International. I plan to sponsor at least 5, how about you? I want to win the trip to the Bahamas!

excited about sharing my Pilot year with you. Please have a great Fall! Feel free to contact me if have any questions, comments, etc. Happy Piloting!





The Bulletin Board



District Picture from International Available!

We are excited to let you know the District PI pictures are now available on the web for your convenience! Go to www.pilotinternational.org and click on the link to the right "Click here to print your District's picture"

Our Thoughts and Prayers.....



Luncheon Pilot Club of Norfolk/Va Beach:
Jim Hahn recovering at home from knee surgery.

Pilot Club of Bristol:
Pam Offield's husband, Bob, is courageously fighting cancer. Their address is 127 Cortland Street, Bristol, TN 37620.

Luncheon Pilot Club of Chesapeake:
• Charlene Gregory lost her father. Charlene's address is 805 Satinwood Court, Chesapeake, VA, 23322
• Barbara Hardee lost her husband, Nathan. Her address is 3440 Martin Johnson Road, Chesapeake, VA 23323

Important Dates and Reminders

September 11th – Registrations for Fall Council should be post marked by September 11. After that date, a \$10 fee will be applied.

September 26th – Fall Council – “Harvest on the Dan”
Saturday, Comfort Inn & Suites, 100 Tower Drive, Danville VA

September 30th – Postmark Deadline for Sweetheart Nominations and contributions to PIF

September 30th – Deadline for BrainMinders Calendar Contest. The rules, tips and Fill-in Poster for your club to use are on www.pilotinternational.org.

October 3rd – BrainPower Walk

Virginia District Fall Council 2009

“Harvest on the Dan”
Saturday, September 26, 2009
Danville, VA

Fall Council information and registration form have been posted to the District website.

“The 50th, 60th, and 70th person sending in their Fall Council registration will receive a surprise from me, Helen Winstead, your ECR for the great Virginia District! Your name will be announced at Fall Council so please join me in sending in your registrations! I have sent in my registration, how about YOU? I look forward to seeing you there! The prizes will be valued at \$50 or more so let's get those registrations in the mail today!

PEP Report and more due!

If you haven't already done so, please make sure that you send Pilot International and me a copy of your PEP Report, Division Plans, Programs, and Budget. These items were to be sent by August 15th.

You could win a 3-night weekend in Nassau, Bahamas on the beach at the Breezes Hotel!

A Pilot bringing in five (5) new members between August 1, 2009 and May 31, 2010 will have their name entered for a grand prize drawing at the Louisville Convention 2010.

If the Pilot brings in 10 members their name will be entered twice for the drawing.

The Pilot must be present to win.

Winner has one (1) year from the date of winning. We recommend 3 months advance planning.

There are some restrictions:
travel must be to the specified destination and prize is not redeemable for cash.

We know inquiring minds will want to know more details about our Membership Incentive program... we will entice you with the details all year long.

If you have any burning questions you may contact Executive Director Peggy Davidson peggy@pilotheq.org or 478-477-1208.



News from around the District.....

Kristie L. White, (center) Giving back to the Community

"Changing for the 22nd Century Alumni, Yes We Can," was the theme for the National Alumni Association Convention held in Atlanta, Georgia from June 25 - 28, 2009. Representing Virginia Union University, Kristie L. White, was one of the key note speakers for the event.

Kristie's speech was entitled, "Bridging the Gap." She focused on strategies that could be used to successfully join more experienced and newly established alumni.

Kristie L. White is the founder and president of the Young Alumni Society of Virginia Union University founded in 2007. The organization was started with the intention of finding new ways to invigorate and include VUU's prominent younger graduates in alumni activities.

Kristie White, daughter of Morris and Lillie White, was also the recipient of the Dr. Lionel Hodge Newsom scholarship. Kristie is currently pursuing a Master of Business Administration degree at Averett University.



Kristie White, center, is the daughter of Isle of Wight club past President Lillie White

Local Pilot Club wins national award

By [Staff Report](#) | Suffolk News-Herald

Published Tuesday, August 18, 2009

The Pilot Club of Suffolk, Inc. received the Best of the Best Award in July at the Pilot International Convention in San Diego. The award recognizes the club for the projects that it held during the last year. The Pilot Club of Suffolk was chartered in 1974 and currently has approximately 35 members.

Each year, the club makes 30 to 40 lap robes, 50 to 60 walker/wheelchair bags and 50 catheter bags each year to present to several nursing facilities in the area. Each year, \$100 is budgeted towards this project. The club also holds a shower in August, in which material, sewing supplies and money are donated by members for the project. Several members make the lap robes, which are 45 inches square and made with flannelette on one side and material that is bright and colorful on the other side.

The walker bags are made with pockets and can be attached to the wheelchairs or walkers with Velcro tabs. Colorful material also is used to make bags to cover catheter bags. This enables patients the freedom of riding around in a wheelchair without feeling conspicuous.

During the year, several workshops are held to sew the different items. A label is placed on each lap robe and walker/wheelchair bags to show it was presented by the club. These items are presented to three different facilities in the area and benefit between 100 and 150 patients in these facilities. Most of the lap robes go to the Alzheimer's wings at those facilities.

This project has been on going for the past four years, and members have plans to keep it going for many more to come.



Award winners: Pilot International President Debbie Archer, center, congratulates Pilot Club of Suffolk President Leah Powell, left, and Pilot Club of Suffolk Project Coordinator Angie Twiford for the awards the Suffolk Club won at the Pilot International Convention in San Diego recently.